



Issue No. 191
6 January 2015

DIARY DATES

Tuesday 6 January

8.00am Lent Term
commences

Monday 12 January

pm Swimming lessons
commence (Y4-Y8)

4.00pm After School Clubs
commence

5.30pm Chorister Parents'
Meeting (Crypt)

THE

Polwhele Post

THE NEWSLETTER OF POLWHELE HOUSE

From the Headmaster...

Happy New Year! Welcome back to those who are familiar with Polwhele and its ways and I would like to extend a very warm greeting to our new pupils and their families.

It gives me great pleasure to welcome Miss Hannah Galvin onto the staff team. Miss Galvin joins us as Riding Assistant and is very much looking forward to working with Mrs Lyall in the Riding School.

Prior to Christmas we raised approaching £700 to support our nominated charities: the retiring collection at the Pre-Prep Nativity raised £275 which paid for 15 Christmas dinner boxes (with several families creating their own dinner boxes too); and the collection at the Prep School carol service raised £400 which was shared equally between The Royal British Legion and Truro Cathedral. Thank you to all for your generosity which will help many others through the services of these charities.

Information regarding our open morning and new equestrian scholarship was circulated at the end of last term. Please do encourage any interested parties to find out more by looking at the information on the school website and contacting us in the usual ways.

So off we go into 2015. I hope it is a happy and successful year for each and every member of the Polwhele community.

With best wishes,

Alex McCullough
HEADMASTER
headmaster@polwhelehouse.co.uk

'Karenza whelas karenza'

POLWHELE HOUSE TRURO CORNWALL TR4 9AE TELEPHONE / FAX 01872 273011

EMAIL office@polwhelehouse.co.uk www.polwhelehouse.co.uk

 @polwhelehouse

PRE-PREP NEWS

Year 2's visit to Truro Day Centre



Year 2 went down to Truro Day Centre to sing to a group of senior citizens on the last Tuesday of last term. They were all wearing Christmas hats, wigs or tinsel to greet the children. They were looking forward to our arrival and shouted 'hurrray' when we arrived.

Year 2 sang a selection of songs from our Nativity service and sang some traditional carols so that everyone could join. I invited some of the senior citizens to play the hand bells with us and it was great for the children to see them

joining in and sharing in the music. The children went around to speak to the senior citizens or to shake their hands. The children were treated to some sweets after their performance and then, wishing everyone happy Christmas, we left to return to school.

Thank you Year 2; your singing was wonderful and very much appreciated. You were a credit to our school and many comments were made about your behaviour and appearance, you were excellent ambassadors for our school. Thanks must also go to Mr McCullough for driving the children down and accompanying me.



SPORTS NEWS

Congratulations to our three swimmers who have been selected to represent the ISA South West swimming team at the swimming finals at the London Olympic Pool on Saturday 24 January.

Good luck to Vivienne Carveth, Olivia Penna and Tilly Stephen.

Polwhele House Sports Colours

Michaelmas Term 2014

Full Colours - These are awarded to Year 8 pupils who have shown exceptional skill and outstanding dedication in their sport whilst at Polwhele House.

Half Colours - These are awarded to pupils who have shown exceptional skill and outstanding dedication in their sport whilst at Polwhele House.

They will have:

- shown high levels of dedication and determination to succeed in that sport.
- maintained a highly positive attitude towards his or her sport in both training and matches.
- demonstrated good leadership skills and qualities.
- been a good 'role model' for the rest of the school.

RUGBY - Full Colours

James Lansdowne

James has been an absolute beast this season, at one point in training, running half the pitch uphill and scoring a try with two opposition players hanging off his back. He has been an excellent captain and led by example.

Harry Flint

Harry has been in excellent form this rugby season, crashing through tackles and gaining the hard yards with his powerful forward play. Harry was also happy to step up to captain duties against Truro School when James was poorly, confirming Harry is someone the team can turn to in its hour of need.

Toby Pearce

Toby has really blossomed into a promising rugby player this season and his darting, powerful runs have allowed the team to gain some hard earned territory in matches against other schools. Toby's tackling has also improved a great deal and his input in training has been a valuable asset.

Hugo Keeble

Hugo has worked really hard to improve in an unfamiliar sport for him and his hard work has paid off this season with Hugo putting in some good performances. Hugo's tackling has been particularly brave and he is always committed to putting his body on the line to halt an oncoming attack.

William Thomas

William's season was going very well until an unfortunate injury set him back. William has added some welcome aggression to his game this season and had been putting in some big tackles as well as enthusiasm in rucks and mauls. Hopefully when William recovers he will continue to improve his rugby game.

Junior Tag Rugby - Tuesday 9th December by Mrs Lusty

We played two matches with each form, including the girls, split into their two sets.

The Herons were victorious in the Y3 match with a close score of 23 points to 21.

The Owls came out top in the Y4 match by scoring a try in the dying seconds of the game, leaving the final score at 6 tries to 5.

Mrs Lusty's man of the match was Henry Dunn who was completely focused throughout the game, encouraging good discipline amongst his team.

Mr Main's man of the match was William Orwin, who deserved it for his lightning quick wing play and try scoring prowess.

As a result of a win for each set the junior set tag rugby afternoon ended in a draw.

Well done everybody!

Senior Tag Rugby - Wednesday 10th December by Mrs Lusty

We played three matches, two contact and one tag. All the children from Y5 to Y8 were split into their sets and enjoyed a game of rugby in very muddy conditions.

Owls triumphed in the Senior Y7 & Y8 contact game with 105 points to 55. Herons won their match in the Y5 & Y6 contact game with a score of 13 tries to 7.

The tag game of mixed teams resulted in a draw with 10 tries to each set. Mr Main's man of the match was Toby Pearce who was the main scorer on the pitch.

Mr Bone's man of the match was Tim Roberts, who not only scored a number of tries but set up many tries and played with great sportsmanship.

Mrs Lusty's player of the match was Phoebe Gregory, who thoroughly enjoyed the opportunity to get stuck into some rugby and played with great focus and had many a good run with the ball.

GENERAL NEWS

LUNCH MENU

Wednesday 7 January

Roast Gammon
Aubergine and Tomato Bake (V)
Served with Roast Potatoes, Carrots and Cabbage

Fruit Crumble and Custard

Thursday 8 January

Beef stew
Vegetable Hotpot (V)
Served with Boiled Potatoes

Chocolate Crunch

Friday 9 January

Red Pesto Pasta (V)
Served with Homemade Bread, Tuna and Cheese
Salad

Lemon Crunch

Monday 12 January

Homemade Pizza (V)
Served with Baked Beans
Salad

Flapjack

Tuesday 13 January

Sausage Casserole
Vegetarian Sausage Casserole (V)
Served with Mashed Potato and Peas

Date Slice and Cream