



Issue No. 220
20 October 2015

DIARY DATES

Wednesday 21 October

- 9.00am Presentation for parents (Y1 & Y2)
- all day ISA U11 Tag Rugby Tournament at St Christopher's, Staverton
- 2.30pm U11 Girls' Hockey v Truro High (a)

Thursday 22 October

- 1.00pm Y4 Trip to see 'Pan'
- 4.00pm Prep School Parent-Teacher Meetings

Friday 23 October

- 1.20pm Lunchtime Concert
- 5.00pm Half Term commences

Sunday 25 October

- all day Combined Training Competition at Little Margate Equestrian

Monday 2 November

- 8.00am Michaelmas Term recommences

Tuesday 3 November

- 2.30pm Junior Set Mixed Hockey

THE

Polwhele Post

THE NEWSLETTER OF POLWHELE HOUSE

From the Headmaster...

I hope that by now parents will have seen the letter sent out by email detailing a number of additional day boarding options in the Prep School, starting after the half term break. If you would like to take advantage of any of these options, please book with Ms van Emden in the school office.

And just to confirm to all parents that winter uniform becomes compulsory after the half term break.

So the half term break is nearly upon us with a week of well-earned rest and relaxation in prospect for everyone. Well done boys and girls: a huge amount has been achieved in this the first half of our longest term. Whatever you are doing, I hope you all enjoy a lovely holiday.

With best wishes,

Alex McCullough
HEADMASTER
headmaster@polwhelehouse.co.uk

REMEMBRANCE

Poppies and various gifts, e.g. rulers and erasers, from The Royal British Legion are now available from the school office.

Suggested minimum donations range from 50p to £2.00 depending on the item.



'Karenza whelas karenza'

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 @polwhelehouse

COMMENDATIONS (week commencing 19 October)

Edward Collis	Reception	Oscar McCullough	Reception
Matthew Lusty	Year 1	Gus Dunn	Year 1
Leo Nicholas	Year 1	Poppy Stevenson	Year 2
Aaron Malhotra	Year 2	Fergus Stephen	Year 4
Finlay Lyall	Year 4	Ted Brown	Year 4
Ethan Lusty	Year 4	Tom Lyall	Year 6
Patrick Luke	Year 6		
Ed Dunn	Year 6		
Bethan Rees	Year 6		
Vivienne Carveth	Year 8		
William Odling	Year 8		
Jasper Roebuck	Year 8		



Congratulations to...

Alexis Bell, Evelyn Foulsham-McCoag, Wilfred Lloyd-King, Oscar McCullough, ETTY Rogers, Florence Warden and Evie Wilkinson for demonstrating proficiency in Theatre Ballet (Turquoise).

Ruby McCullough, Karma Toms, Bella Trefusis, Lucia Warden and Rosie Warren for passing the Royal Academy of Dance Class Award Pre-Primary in Dance.



PRE-PREP

Music Time with Nursery and Reception

Thank you so much to the parents and grandparents who came along to support their children in Music Time. I hope that you enjoyed yourselves. The children sang some of their favourite songs that included instruments and actions. The children participated with enthusiasm and enjoyment.

It is a really good opportunity for the children to get used to having an audience, performing the songs and sharing what they have learnt with others. Thank you once again for coming to support the children and for taking part! Well done Nursery and Reception.

Linda Caddy

SPORTS NEWS

U11 Hockey v Truro High (away)

Wednesday 21 October 2.30pm

Lola Willis	GK
Olivia Penna	RD
Evie Michell	LD
Bethan Rees	RM
Tilly Stephen (Captain)	CM
Gaia Deverell	LM
Issy Davis/Tansy Spokes	Striker

Please change into your hockey kit (including tracksuit top) after lunch.

Meet at the art room wall at 2.00pm.

Remember your mouth guards and shin guards.

Pick up time is 3.30pm from Truro High or 4.00pm from Polwhele (or 5.00pm after clubs).

Parental support is most welcome. Should the weather be inclement please contact the school office regarding the cancellation of the fixture.

Mrs Lusty

U11 ISA Tag Rugby Tournament, hosted by St Christopher's, Staverton

Wednesday 21 October 11am – 3pm

Tom Lyall (Captain)	Patrick Luke
Silas van Emden	Harry Alford
George Wright	Piran Bishop
Bertie Tillyard	Edward Dunn



Please arrive at school in your rugby kit and tracksuit.

Pack your boots, school coat, mouth guard and extra water bottle into your games bag. Choristers will also need to pack school uniform; please put it in a carrier bag to keep it dry.

We will depart at 9.00am; meet Mr Main at the art room wall after morning registration.

Mr Main will drop the choristers at the cathedral at 4.45pm and return to school at +/- 5.00pm.

Parental support is most welcome. Should the weather be inclement please contact the school office regarding the cancellation of the fixture. Good luck!

Mrs Lusty

Senior Set Hockey

On Wednesday 14 October the senior girls played their annual set hockey match. The teams were slightly unbalanced so three very kind Herons played a third each for the Owls. In the first third we showed good footwork and expressed what we had learnt in our games lessons. The Herons scored near the end of the third. In the second third the Owls scored their opening goal whilst the Herons got another. Both teams were using quick short passes to get around defenders and getting some shots on goal. At the end of the second third the score was 2-1 to the Herons. In the final third we had some great tactical play and the Owls had some good shots on goal; however the Herons managed to score a lucky goal to make the score 3-1. The Men of the Match were Bethan Rees (Herons) and Gaia Deverell (Owls). Well done to both teams for showing super game play and real determination. Thank you to Mrs Lusty for umpiring and teaching us everything we need to know about hockey!

By Olivia Penna and Vivienne Carveth (Captains)

Cross-Country Match v Truro Prep Tuesday 13 October

All of the Y3 and Y4 children took part in this event. It was great to see the children pushing themselves hard over the course. The sunshine was glorious and meant the woods were dry and 'crunchy'. Thank you very much John, Rob and Kevin for clearing the path in the woods, making it safe for us to have a good competitive run. Mr Hawker (our starter marshal), Y5 and Mr Caddy helped the event run smoothly with their expert marshalling along the course, making sure all the runners were well directed and motivated.

Some of our top results were:

Y3 girls: Karma Toms (4th)

Y3 boys: Finn Ashton (5th) & Jacob Taylor (7th)

Y4 girls: Sophie Michell (1st) & Lila Tillyard (2nd) – a super effort well done girls

Y4 boys: Ted Brown (4th), Fergus Stephen (5th) & Ethan Lusty (6th) – a fine battle to the finish

All starters were finishers; well done everybody!



GENERAL NOTICES

A MESSAGE OF THANKS FROM TRURO'S FOODBANK

Dear staff, pupils & parents,

*Thank you very much for your Harvest contribution to Truro Foodbank. The collection Polwhele House made will make a huge difference to the people we support and our collection of **169kg** will go towards feeding many of our customers.*

Over the last year we have fed over 2,600 people and this has only been possible through the generous support we have received from our community.

It was a pleasure to be able to visit Polwhele House to collect the food parcels and to be able to share with you some of the work that we do for the local community.

Once again please accept the heartfelt thanks from all of the team at Truro Foodbank.

Kind Regards



CANCELLATION OF PIONEERING CLUB

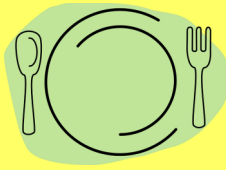
Just a reminder to parents that Pioneering Club is cancelled for this week, Wednesday 21 October.

PRE-LOVED SKI GEAR!

The PHSoc is organising a stall at the Christmas Bazaar to sell ski gear – particularly in view of the exciting prospect of the school ski trip. Why not go through your cupboards at half-term and see if there is any gear which is now too small which you would like to sell? Only 10% commission charged. We will be collecting it after half-term.



LUNCH MENU



Tuesday 20 October

Chilli Con Carne

Veggie Chilli (V)

Served with Rice

Chocolate Brownie

Wednesday 21 October

Roast Chicken

Cauliflower and Broccoli Cheese (V)

Served with Roast Potatoes and Carrots

Bakewell with Custard

Thursday 22 October

Hot Dogs in Baps

Vegetable Hot Dogs in Baps (V)

Served with Potato Wedges and Salad

Shrewsbury Biscuit

Friday 23 October

Red Pesto Pasta (V)

Served with Cheese, Tuna and Salad

Fruit Jelly and Custard

Polwhele House Society

Pilates Classes for Parents

Five-week taster course starting on Tuesday,
10th November, 8.45am, New Dining Room.

If you would like to attend these general fitness classes that will be run by Hannah from [Body Restoration](#), then please sign up in the school office.

Maximum 12 spaces

Cost £42.50 for five classes

Every Tuesday, 8.45 – 9.45* , New Dining Room

All equipment provided

Spaces will be filled on a first-come, first served basis so if you are interested please sign up promptly in the school office.

* Please expect to finish at 10.00 on the first day

www.bodyrestoration.co.uk

Dates for the Diary

The next PHSoc meeting is taking place on
Wednesday, 4th November, 8.30am, TV Room.

As always, everyone is welcome. We will be [planning the Christmas Bazaar](#) (Saturday, 28th November). If you can't make the meeting but would like to get involved either to help set up the day before or be an extra pair of hands on the day, please get in touch with your class rep.

Facebook

Our Facebook page is now live!

If you would like to join please search for " Polwhele House Society" and click on " Join Group" . It is a closed group so you will need to wait for your request to be approved. If you have any problems joining, please email Hanna at hanna@hannatoms.co.uk