

Polwhele House Pupil Is National Swimming Champion

A student from Truro was crowned a national swimming champion last week when she represented the South West at the Independent Schools Association's National Swimming Championship 2016.

Polwhele House pupil, Vivienne Carveth, was announced as the ISA's National Champion for the 50m girls' breaststroke, while another student, Olivia Penna, also competed at the event which was held at the London Aquatics Centre, Queen Elizabeth Olympic Park on the 23rd of January.

The national swimming competition was the culmination of seven Area Galas, whereby the finalist in each Area race qualified for the ISA National Finals. Vivienne, Year 8, and Olivia, Year 6, were two of the few students from the South West to compete in the national championship.

Vivienne took home a number of awards, including being crowned the ISA National Champion for 50m girls' breaststroke, winning bronze in the 50m girls' butterfly, team silver in medley relay and team bronze in the freestyle relay.

Vivienne began swimming during her weekly swimming lessons at Polwhele House and has been a member of Truro City swimming club in recent years.

Vivienne commented that she was "very pleased to have won and is looking forward to taking part in more regional and national competitions over the coming years."

The race gave the talented young swimmers from Polwhele House an invaluable opportunity to swim at the Olympic Pool, with nearly 2000 spectators in the stands to support family and friends.

The Independent Schools Association organises 24 National sporting events during the academic year, in an extremely wide range of sports and age groups.

The competition produced an exceptional level of swimming with a total of 19 national records being broken over the course of the day.

Alex McCullough, Headmaster at Polwhele House, said, "Vivienne came away with the medals, but in true Polwhele House spirit both girls contributed to the success of the day in and out of the pool, and brought great credit upon the school and the region - we are incredibly proud."

Mr McCullough continued, "At Polwhele House we fully appreciate the greater benefits derived from sport, such as teamwork, sportsmanship, and camaraderie. All children participate in PE, games sessions and swimming lessons with many other sporting activities on offer after school, and we

ensure that all of our prep school pupils are given regular opportunities to represent our school at sport.”

For more info on Polwhele House, visit www.polwhelehouse.co.uk